



January 31, 2025

Re: “Oh, My Dear America Please Hear My Plea to Save DC”!

Greetings Fellow Stakeholders,

I am Dr. Rhonda L. Hamilton, President and Executive Director of Healthy DC & Me Leadership Coalition, as well as a former and intended, Independent political party candidate in Washington, DC’s slated 2026 mayoral elections.

As a mental health advocate on the ground in Washington, D.C., the nation’s seat of governance, for the past nine years, I am gravely concerned for the health and well-being of not just citizens of D.C. but also for citizens across our nation during what many view as tumultuous and precarious times.

While our nation continues to process the enormity of our President’s political agenda and its abnormal impact on hard working Americans and their families who proudly embrace the fundamental principles that our Constitution and forefathers set forth, I mourn for the very ideals that were meant to shape our democracy.

The intersection of civil rights activism and the perils of American history lies in the ongoing struggle against systemic injustice and inequality. Throughout history, activists have courageously confronted oppressive forces, often facing violence and backlash while advocating for the inherent rights and dignity of marginalized groups. These historic journeys reflect both the deep scars of America’s past and the resilience required to challenge and eviscerate entrenched attacks as well as strong resistance to what is supposed to be our sacred and protected democracy and freedoms.

My plea to you each as ambassadors of peace and justice is genuinely influenced by that of two very renowned worldly figures. Dr. King remarked that “injustice anywhere is a threat to justice everywhere.” Mother Teresa exclaimed, “yesterday is gone. Tomorrow has not yet come. We have only today. Let us begin.”

Your “swords” of justice and your propensity to “right wrongs” are desperately needed. As guardians of democracy and promoters of civil rights, we stand at a critical juncture in our nation’s history. Washington, D.C., the vibrant heart of democracy faces unprecedented challenges that threaten its role as a beacon of hope and equality.

Our nation's capital is not merely a geographical location; it embodies the ideals of liberty, justice and the pursuit of happiness. Currently in the nation's capital as in many states across this nation, housing and healthcare barriers are "gutting" the resolve of American families and DC citizens daily. Additionally, the presence of economic disparities and rogue, dishonest political agendas have kept many voting DC citizens unengaged and discouraged to exercise their voting power which unfortunately helps to threaten the presence of our pluralistic society. As a result, we've watched as matters regarding failures in our public and nation's safety, mental diminishment, and increased suicide rates morph into the rise of destructive impacts on our youth, systemic governing practices, and human connectedness.

Political polarization and systemic racism along with other harmful social determinants of health to include poverty are negatively impacting and exacerbating our nation's ability to save American lives.

I am requesting your professional support in this pivotal moment of our nation's history of uncertainty and unaccountable political leadership and representations. Together, let us reaffirm our commitment to civil rights, equity, and justice for all. Washington, D.C. must represent the best of our nation-an inclusive, vibrant, and just society. I, and the citizens of D.C. am calling upon you to act decisively and courageously to help protect our democracy and ensure that it serves everyone equally. The mental wellness of our nation's citizens is under attack.

I'd like the opportunity to speak with you about helping to organize, educate, and provide our District citizens with the veil of protections needed to empower the mobilization of citizens residing in Washington, D.C. who are not only seeking representations from sound and just leaders such as myself, but also from dedicated and unwavering professionals such as you.

The radicalized actions of our country's current Presidential leadership is proving to inflict a high level of imposed trauma on the citizens of our constitutional federal republic, through fearmongering, sensationalist rhetoric, and reckless behavior resulting in "Post-Traumatic Stress Disorder" implications for far too many Americans, many who currently reside in our nation's seat of governance.

Will you help to Save DC? Will you invest the necessary resources, time, and attention to this very critical call-to-action in our nation's capital for the benefit of families, workers, small business owners, veterans, and legal immigrants who are desperately seeking our "life-saving" actions, and demonstrations of empathetic leadership and professionalism?

"We the People" of DC are ready to collaborate with you to fight and save our dear city! The clock is ticking and our fate looms in the hands of questionable and imperialistic mindsets whose intentional attack on our local democracy, and "Home Rule" grows more evident by the hour.

My team and I are awaiting your call or follow-up. I can be reached daily via e-mail at [ceo@rhondahamilton4dc.com](mailto:ceo@rhondahamilton4dc.com), or via telephone at (202) 486-6037.

With warmest regards,

Dr. Rhonda L. Hamilton

The Committee to Elect Dr. Rhonda Hamilton 4 DC Mayor!

#IAMDC! #TheHamiltonEffect!

(202) 486-6037

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